# Inter-relationship between homeostasis model assessment of insulin resistance and breast cancer biomarkers

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The relationship between Homeostasis Model Assessment of Insulin Resistance (HOMA-IR) and Breast Cancer (BC) biomarkers such as leptin, Monocyte Chemoattractant Protein-1 (MCP-1), resistin, adiponectin is little known in the medical literature based on probabilistic modeling. The current report focuses on the inter-relationships between HOMA-IR and BC markers. It has been derived from the gamma fitted mean HOMA-IR model that it is higher for healthy women (P<0.0001) than BC patients. It is positively associated with leptin (P=0.0747), while it is negatively associated with the interaction effect of insulin and leptin (insulin\*leptin) (P=0.0016). Variance of HOMA-IR is negatively associated with adiponectin (P=0.0471), while it is positively associated with resistin (P=0.0755) and the interaction effect of glucose and adiponectin (glucose\*adiponectin) (P=0.0305). From the log-normal HOMA-IR fitted model, it is shown that variance of HOMA-IR is negatively associated with leptin (P=0.0599). From MCP-1 fitted model, it has been shown that variance of MCP-1 is negatively associated with HOMA-IR (P=0.0055), while resistin fitted model has shown that mean resistin is negatively associated HOMA-IR (P=0.0698) and it is positively associated with the interaction effect of age and HOMA-IR (age\*HOMA-IR) (P=0.1059). Several relationships between HOMA-IR & BC markers are reported in the current article. It is interpreted that both HOMA-IR & BC markers are closely interlinked.

Key words: adiponectin, breast cancer markers, HOMA-IR, leptin, resistin, probabilistic modelling

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# INTRODUCTION

BC disease is the most life-threatening and frequently occurring malignant tumor in women. The evidence which connects diabetes' biomarkers with BC biomarkers is highly controversial. Recently, the inter-relationships between diabetes and BC biomarkers have been derived using advanced statistical modeling by Kim et al. [1]. and Hockaday et al. [2] present several points that undermine faith in HOMA as a balance of insulin resistance. HOMA's input consists of fasting glucose and insulin concentration and thus will reveal conditions present in the basal state, with the liver as the main focus for insulin action as exposed by the suppression of gluconeogenesis. The HOMA-IR has been observed to be associated with the minimal model measures of insulin action and B-cell function, and hyperinsulinemic glucose clamp, primarily in middleaged people and younger with normal glucose tolerance and smaller groups of middle-aged people with type 2 diabetes [2-4]. Research reveals that HOMA and other shortcut insulin measures of resistance and secretion can give useful information on risk of growing diabetes and related conditions [4-6]. Some research articles show the association between HOMA-IR, BMI, glucose and insulin [7, 8].

The diabetes mellitus type 2 and BC disease could be associated via metabolic mechanisms connected biomarker insulin and its growth factor [3]. Insulin plays as an advancement factor multiplying cell proliferation and cell death. In addition, insulin is a strong mutagenic agent in cells and tissue [9, 10]. Females are at the highest risk for BC disease if insulin level is high [11]. HOMA-IR is a dependable insulin resistance indicator [12], which is connected with reduced BC survival [13]. It is known that both diabetes mellitus type 2 and BC markers are the interaction yields of genetic and environmental risk factors that share several comorbidities [14]. An investigation on diabetes biomarkers such as fasting blood glucose, C-peptide and HOMA in some Jordanian BC disease females was performed by Al-Zeidaneen et al. [15].

A short literature review regarding the associations of HOMA-IR with BC markers is presented above. The best of our knowledge, there are very few articles focusing on the relationship between HOMA-IR and only one or two BC, or diabetes mellitus type 2 biomarkers. Most of the earlier relationships are studied based on simple, or multiple, or logistic regression analyses, which are Statistical methods controversial. For the present case, there are 10 multivariate variables, and the responses are HOMA-IR and BC markers such as adiponectin, leptin, resistin and MCP-1. There is no such study for understanding the interrelationships between HOMA-IR and BC markers based on suitable statistical modeling. This invites to perform the present study. The objectives of the current study are:

- insulin levels) and age, BMI, types of subject.
- 2. Conversely, examining the associations of each BC marker with HOMA-IR and the rest explanatory factors.

These above objectives are focused in the article using the sections materials & methods, statistical analysis & results, discussions, and along with conclusions.

# MATERIALS AND METHODS

### Materials

using a secondary data set which is available in UCI Machine Learning Repository. The study subjects of the data set were 154 Portuguese females, who were chosen from the University Hospital Center of Coimbra (UHCC) at Gynecology Department between 2009 and 2013, and they were first diagnosed with BC. The approved BC patients had been categorized into 4 groups depending on their BMI and the BC disease status such as absence or presence. These 4 categories are: (1) without overweight (BMI  $<25 \text{ kg/m}^2$ ) and control (i.e., no BC disease), subjects number (n=29; (2) with overweight  $(BMI>25 \text{ kg/m}^2)$  & control, n = 48; (3) BC disease without overweight (BMI<25 kg/  $m^2$ ), n = 30; and (4) BC disease with overweight (BMI>25 kg/m<sup>2</sup>), n=47. The first group (without For the above positive HOMA-IR random response variable overweight & control) were selected from the Internal Medicine Yi, with  $E(Y_i) = \mu_i$  and  $Var(Y_i) = \sigma_i^2 V(\mu_i)$ , the variance function Department of the aforementioned hospital. Also, women for  $V(\cdot)$  has two parts in GLMs, where one part depends on the the second group (overweight & control) were selected from the mean changes, while the other  $(\sigma_i^2)$  is independent of mean same Department, and the other two groups were selected from adjustment. Note that V(\*) characterizes the GLMs family the Gynecology Department of UHCC. These subjects were distribution. For instance, the distribution is gamma if  $V(\mu) =$ chosen understanding that they had never been identified with BC family history or malignant disease. These selected subjects The JGLMs for the mean and dispersion are  $\eta_i = g(\mu_i) = x_i^{t} \beta$ were free from any infection or acute disease at the study time. and  $\varepsilon_i = h(\sigma_i^2) = w_i^t \gamma$ , The UHCC Ethical Committee approved the study design, and where  $g(\cdot)$  and  $h(\cdot)$  are the GLM link functions associated  $(>40 \text{ kg/m}^2)$ .

The data set has been posted in UCI Machine Learning STATISTICAL ANALYSIS & RESULTS Repository, and its elaborate discussion is given in [16, 17]. The data set contains 10 covariates/ factors which are Age, BMI (kg/m<sup>2</sup>), HOMA-IR, Insulin (µU/mL), Glucose (mg/dL), Adiponectin (µg/mL), Leptin (ng/mL), Resistin (ng/mL), MCP- The random variable HOMA-IR is treated as the response variable 1, Subject types (ST) (1=healthy controls; 2= BC patients).

The above considered data set is a multivariate form. The aimed responses are HOMA-IR, resistin, leptin, MCP-1 and adiponectin, which are all positive heterogeneous continuous and non-normally distributed. These dependent variables can be properly modeled applying joint generalized linear models (JGLMs) using both the gamma and log-normal distributions, which are described in [18-20]. It is elaborately described in the 1. Examining the associations of HOMA-IR with BC book by Lee et al. [18]. For ready reference, it is described here markers (adiponectin, leptin, resistin and MCP-1) along in very shortly. Note that JGLMs of MCP-1 have been derived with the diabetes mellitus type 2 biomarkers (glucose and by Kim et al. [21], while adiponectin, resistin and leptin JGLMs have been developed by Das and Lee [22-24]. The present report derives the HOMA-IR joint models using both the distributions.

**JGLMs under log-normal distribution** For the positive HOMA-IR random response variable Yi, along with heteroscedastic variance  $\sigma_i^2$  (known as dispersion parameter), if E(Yi)= $\mu$ i (known as mean parameter) and Var(Y<sub>i</sub>) =  $\sigma_i^2 \mu_i^2 = \sigma_i^2$  $V(\mu_i)$  say, where V(·) is the variance function, and generally, the log transformation  $(Z_i = \log Y_i)$  is used to stabilize the variance  $Var(Z_i) \approx \sigma_i^2$ , while the variance may not be stabilized always. For this situation, improved JGLMs for mean and dispersion are considered. Under the response log-normal distribution, Study designs and subjects: The present study is performed JGLMs for mean and dispersion (Zi=logYi) are presented by

$$E(Z_{i}) = \mu_{zi} \text{ and } Var(Z_{i}) = \sigma_{zi}^{2},$$
$$\mu_{zi} = x_{i}^{t}\beta \text{ and } \log(\sigma_{zi}^{2}) = g_{i}^{t}\gamma,$$

where  $x_i^t$  and  $g_i^t$  are respectively, the vectors of independent explanatory variables linked to the mean regression coefficients  $\beta$  and dispersion regression coefficients  $\gamma$ . Maximum likelihood (ML) and restricted ML (REML) methods are respectively used for estimation of mean and dispersion parameters [18, 19].

### JGLMs under gamma distribution

 $\mu^2$ , Poisson if  $V(\mu) = \mu$ , and normal if  $V(\mu) = 1$ , etc.

all considered subjects submitted their written consent before with the mean and dispersion, respectively; and the vectors joining the study. For the final study, only 116 (52 control  $x_i'$ ,  $w_i'$  are associated respectively, with the mean and and 64 with BC) subjects were selected, and the remaining dispersion regression coefficients. Maximum likelihood (ML) 38 subjects were not considered in the study due to high BMI and the restricted ML (REML) methods are respectively used for estimation of mean and dispersion parameters [18, 19].

### Statistical analysis

and the rest others are treated as the independent variables. Note

appropriate transformation; therefore, it is modeled herein using indicates that variance is constant with the running means. One both the log-normal and the gamma JGLMs. The final model is smaller residual is located at the right boundary, so the smooth selected based on the lowest Akaike Information Criterion (AIC) fitted curve is decreasing. Figure 2 reveals the mean HOMA-IR value (within each class), that minimizes both the squared error gamma fitted normal probability plot, which does not show any loss and predicted additive errors [25]. Some partially significant fit discrepancy. So, Figure 1 and Figure 2 have supported that or insignificant effects are considered in both the models due to the gamma fitted HOMA-IR model is approximately true mode marginality rules suggested by Nelder [26], and also for better (Table 1). fitting [25]. It is well-known that partially significant effects are recommended as confounders in Epidemiology. The HOMA-IR **RESULTS** JGLMs analysis results are presented. Note that the gamma fit (AIC= -56.774) shows better results than log-normal fit (AIC= -37.27).

It is important to verify the data developed model using model diagnostic tools before accepting it as the valid final model. Note that all valid interpretations are derived from the final accepted model. The derived gamma fitted HOMA-IR model has been examined by model diagnostic residuals plot (in Figure 1. and normal probability plot (in Figure 2. In Figure 1, the HOMA-IR gamma fitted absolute residuals are plotted with respect to the fitted values. It is observed that all the absolute residuals



that the response HOMA-IR variance is not stabilized by any are randomly located at a point, except only two points, which

Summarized JGLMs results for HOMA-IR are displayed in Table 1. Fitted mean HOMA-IR model (Table 1) shows that mean HOMA-IR level is higher for healthy women (P<0.0001) than BC patients. It is positively associated with leptin (P=0.0747), while it is negatively associated with the interaction effect insulin\*leptin (P=0.0016). Variance of HOMA-IR is negatively associated with adiponectin (P=0.0471), while it is positively associated with resistin (P=0.0755) and the interaction effect glucose\*adiponectin (P=0.0305). From the log-normal HOMA-IR fitted model (Table 1), it is



Fig.1. For the joint gamma fitted HOMA-IR models (Table 1), the absolute residuals plot with respect to the HOMA-IR fitted values

Fig.2. For the joint gamma fitted HOMA-IR models (Table 1), the normal probability plot for the HOMA-IR mean model

<b>Tab.1.</b> Results for mean and dispersion models for HOMA-IR from Gamma and Log-Normal fit	Model	Covariate	Gamma fit				Log-normal fit			
			Estimate	S.E.	t-value	P-value	estimate	S.E.	t-value	P-value
	Mean	Constant	-3.1870	0.1111	-28.68	0.0232	-3.0560	0.1282	-23.84	< 0.0001
		BMI(x2)	0.0214	0.0039	5.39	<0.0001	0.0156	0.0041	3.78	0.0003
M		Insulin(x4)	0.4245	0.0211	20.11	<0.0001	0.3940	0.0235	16.76	<0.0001
		BMI*Insulin	-0.0041	0.0007	-5.47	<0.0001	-0.0030	0.0008	-3.76	0.0003
		Glucose(x3)	0.0187	0.0004	44.36	<0.0001	0.0188	0.0006	30.69	<0.0001
		Glucose*Insulin	-0.0013	0.0000	-31.67	<0.0001	-0.0012	0.0001	-22.25	<0.0001
		Leptin(x6)	0.0016	0.0008	1.80	0.0747	0.0028	0.0010	2.77	0.0066
		Insulin*Leptin	-0.0004	0.0001	-3.23	0.0016	-0.0005	0.0002	-3.31	0.0013
	Dispersion	Subject's type	-0.0508	0.0126	-4.02	<0.0001	-0.0696	0.0131	-5.33	<0.0001
		Constant	-15.789	3.5474	-4.451	<0.0001	-5.3906	2.3409	-2.303	0.0232
		Leptin(x6)	-0.005	0.0084	-0.538	0.5917	-0.0176	0.0092	-1.902	0.0599
		Glucose(x3)	0.133	0.0397	3.345	0.0011	0.0153	0.0228	0.671	0.5037
		Adiponectin(x7)	-0.457	0.2274	-2.008	0.0471	-0.2384	0.1785	-1.335	0.1847
		Glucose* Adiponectin	0.005	0.0025	2.192	0.0305	0.0028	0.0019	1.444	0.1517
		Age(x1)	0.167	0.0640	2.605	0.0105	-0.0551	0.0159	-3.463	0.0008
		Age*Glucose	-0.003	0.0008	-3.496	0.0007				
		Insulin(x4)	0.244	0.1185	2.062	0.0416	0.5235	0.0861	6.083	<0.0001
		Age*Insulin	0.007	0.0015	4.284	<0.0001	0.0038	0.0013	3.011	0.0032
		Glucose*Insulin	-0.003	0.0010	-3.205	0.0018	-0.0040	0.0008	-5.082	<0.0001
		Resistin(x8)	0.028	0.0158	1.795	0.0755				
	AIC			-56.774	-37.27					

leptin (P=0.0599).

From MCP-1 fitted model [21], it has been shown that variance Fitted HOMA-IR variance model (Table 1) presents that of MCP-1 is negatively associated with HOMA-IR (P=0.0055), variance of HOMA-IR level is negatively associated with while resistin fitted [22] model has shown that mean resistin is adiponectin (P=0.0471), indicating that HOMA-IR level negatively associated HOMA-IR (P=0.0698) and it is positively associated with the interaction effect of age and HOMA-IR level variance is positively associated with resistin (P=0.0755), or (age\*HOMA-IR) (P=0.1059).

Gamma fitted HOMA-IR mean  $(\mu)$  model (from Table 1) is

 $\mu$  = exp(-3.1870 + 0.0214 BMI + 0.4245 Insulin - 0.0041 BMI\*Insulin + 0.0187 Glucose - 0.0013Glucose\*Insulin + 0.0016 Leptin - 0.0004 Insulin\*Leptin - 0.0508 Subject type),

and the gamma fitted HOMA-IR variance ( $\hat{\sigma}^2$ ) model (from Table 1) is

 $\hat{\sigma}^2$ = exp(-15.789 - 0.005 Leptin + 0.133 Glucose - 0.457 Adiponectin + 0.005 Glucose\*Adiponectin + 0.167 Age -0.003Age\*Glucose + 0.244 Insulin + 0.007 Age\*Insulin - 0.003 Glucose\*Insulin + 0.028 Resistin).

For the same data set, the models for breast cancer biomarkers such as MCP-1 [21], resistin [22], adiponectin [23] and leptin [24] have already been published.

### DISCUSSION

Inter-relationships between HOMA-IR and BC biomarkers are reported herein from the models of HOMA-IR, and as well as from the models of BC biomarkers such as MCP-1, leptin, resistin, and adiponectin. These BC biomarkers models have been reported in [21-24], while the model of HOMA-IR is The above results are displayed herein from the models of reported herein in Table 1.

Fitted HOMA-IR mean model (Table 1) shows that mean HOMA-IR level is negatively associated with subject's type (1=healthy controls; 2=BC patients) (P<0.0001), concluding that mean HOMA-IR level is higher for healthy women (P<0.0001) than BC patients. It is positively associated with leptin (P=0.0747), interpreting that HOMA-IR rises as leptin increases. Mean HOMA-IR level is negatively associated with Most of the current outcomes are completely new in medical that it decreases as the interaction effect increases. Note that earlier results. both insulin (P<0.0001) and leptin (P=0.0747) are positively associated with mean HOMA-IR, so these marginal effects increase the HOMA-IR level, but their joint interaction effect decreases the mean HOMA-IR level.

(P<0.0001), or glucose (P<0.0001), concluding that it increases checking, lowest AIC value, comparison of response HOMAas BMI, or glucose level increases. Also the mean HOMA- IR distributions, and small standard error of the estimates. The IR is negatively associated with BMI\*insulin (P<0.0001), or present associations between HOMA-IR and BC biomarkers, glucose\*insulin (P<0.0001), implying that it decreases as the though not completely conclusive, are revealing. Medical Note that all these three marginal effects such as BMI, glucose models as they have been derived based on many statistical and insulin are positively associated with the mean HOMA-IR, criteria satisfaction. In the report, it is concluded that both while their interaction effects BMI\*insulin and glucose\*insulin HOMA-IR and BC biomarkers are closely interlinked. Medical glucose and insulin level increase the mean HOMA-IR level, but relationships between HOMA-IR and BC biomarkers from this

shown that variance of HOMA-IR is negatively associated with their joint interaction effects BMI\*insulin and glucose\*insulin decrease the mean HOMA-IR level.

> variance decreases as adiponectin level increases. HOMA-IR glucose\*adiponectin (P=0.0305), concluding that it increases as resistin, or glucose\*adiponectin increases. From the log-normal HOMA-IR fitted variance model, it is shown that variance of HOMA-IR is negatively associated with leptin (P=0.0599), implying that it decreases as the leptin level increases.

> Further HOMA-IR level variance is positively associated with age (P=0.0105), or glucose (P=0.0011), or insulin (P=0.0416), age\*insulin (P<0.0001), concluding that it increases as any of them increases. Also HOMA-IR level variance is negatively associated with age\*glucose (P=0.0007), or glucose\*insulin (P=0.0018), implying that it decreases as any of them increases.

> From the resistin fitted model [22], it is shown that the mean resistin level is negatively associated with HOMA-IR (P=0.0698), interpreting that it decreases as HOMA-IR level increases. In addition, the mean resistin level is positively associated with the interaction effect age\*HOMA-IR (P=0.1059), implying that it increases as age\*HOMA-IR increases. From MCP-1 fitted model [21], it is shown that variance of MCP-1 is negatively associated with HOMA-IR (P=0.0055), concluding that MCP-1 variance level decreases as HOMA-IR level increases.

HOMA-IR, resistin and MCP-1. No relationship between HOMA-IR and adiponectin, or HOMA-IR and leptin has been observed from adiponectin [23] and leptin models [24]. These above associations between HOMA-IR and BC biomarkers are summarized in Table 1. The best of our knowledge, the present report first derives the complex inter-relationships between HOMA-IR and BC biomarkers with many interaction effects. the interaction effect of insulin\*leptin (P=0.0016), implying literature, so the current outcomes are not compared with the

## CONCLUSIONS

The inter-relationships between HOM-IR and BC biomarkers are derived in the current report based on probabilistic modeling, Further, the mean HOMA-IR is positively associated with BMI where models are accepted based on graphical diagnostic interaction effect BMI\*insulin, or glucose\*insulin increases. research should have greater faith in the current probabilistic are negatively associated with the mean HOMA-IR. Thus, BMI, practitioners can predict the BC disease status through the report. In addition, it may help the BC researchers to develop CONFLICT OF INTEREST physiological and biological explanations of these relationships between HOMA-IR and BC biomarkers. Women will be The authors confirm that this article content has no conflict of benefited from the report.

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