Cutaneous relapse after primary breast lymphoma remission

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Primary breast lymphoma is a rare extra-nodal lymphoma that accounts for only 0.4%-0.5% of all breast malignancies. Cases with only skin recurrence without primary site involvement after remission are rarer. In this case, a 49-year-old woman was diagnosed with diffuse large B-cell lymphoma of the left breast, which was in complete remission after chemotherapy. One year later, she requested excisional biopsy of a subcutaneous cyctic lesion in the posterior neck area on ultrasound. As a result of the surgical biopsy, the pathologic findings were diffuse large B-cell lymphoma. Treatment was completed after seventeen fractions of radion therapy without further wide excision. This is an important case because relapse of primary breast lymphoma without primary site involvement is rare and the isolated relapse at another site may have been misdiagnosed as a transient inflammatory cyst in the skin layer.

Key words: cutaneous relapse, diffuse large b-cell lymphoma, primary breast lymphoma

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INTRODUCTION

Diffuse large B cell lymphoma relapse on head and neck

Diffuse Large B-Cell Lymphoma (DLBCL) is the most common type of non-Hodgkin's lymphoma, representing nearly one-third of all cases. This lymphoma makes up the majority of cases in previous clinical trials of "aggressive" or "intermediate-grade" lymphoma [1-3]. DLBCL can be present at extra nodal sites. Over 50% of patients have some sites of extra nodal involvement at diagnosis, with gastrointestinal tract and bone marrow being the most common sites (each site found in 15%-20% of patients) [4]. Any organ can be essentially involved, making a diagnostic biopsy imperative. Breast could be one of these involved organs. In this case, it is called Primary Breast Lymphoma (PBL). The term "Primary Breast Lymphoma" (PBL) is used to define a malignant lymphoma primarily occurring in the breast in the absence of previously detected lymphoma localizations [5]. PBL is a rare disease, accounting for only 0.4%-0.5% of all breast malignancies, 0.38%-0.7% of all Non- Hodgkin Lymphomas (NHL) and 1.7%-2.2% of extra nodal NHL [6]. This is a unique case where relapse occurred only in the occipital scalp without other distant metastases. Although PBL is rare, skin relapse after remission is rarer. Such a lesion can be overlooked as a simple cyst or inflammatory reaction. Thus, we report it with a literature review (Figure 1).

CASE PRESENTATION

The patient was a 49-year-old woman diagnosed with DLBCL on left breast that Remitted after Six Cycles of Chemotherapy (RCHOP). One year later, she was referred to our outpatient clinic for an excisional biopsy of subcutaneous nodules on her left occipital area. The mass had been presented for six months with an increase in size. It caused tenderness at first. However, as it became firm, the pain was disappeared. The ultrasound reading was conglomerate, several cystic lesions (without vascular signal) in the superficial layer of the midline occipital area (2.5 cm in length) possible for benign cystic lesion. However, considering her history of PBL, surgical biopsy was performed under general anaesthesia (Figure 2).

Histopathological evaluation revealed DLBCL non-GCB type. A PET-CT scan for recurrence and staging showed no organ or lymph node metastases or recurrence except for the scalp mass, a newly developed hyper metabolic subcutaneous lesion in the left occipital region. No other abnormal findings were observed on additional CT scans of the brain, abdominal, neck, or chest. Treatment was terminated after receiving five times of radiation



Fig. 1. Skin-colored nodules on the scalp, measuring about 1 \times 1 and 1 \times 1 in size



Fig. 2. (A) Homogenous large cells with vesicular nuclei, frequent mitotic figures (arrow), (B) Diffuse positive for CD20 and (C) High proliferation index in Ki-67



Positron tomography showing a newly developed hyper metabolic lesion on the Fig. emission left occipital area

therapy (Figure 3).

DISCUSSION

This was a case of DBLCL relapse confirmed in a patient who had been in remission after chemotherapy with a diagnosis of PBL and who came to us within a year with an inflammatory mass in another area, the scalp. Since there were no lesions in the primary site or other organs, it was judged as a relapse rather than metastasis and usually radiation therapy without additional case that ended with 17 radiation treatments after surgical excision

under the judgment of benign cyst on ultrasound.

PBL is a rare but distinct extra nodal lymphoma subtype, accounting for less than 3% of extra nodal lymphomas, 0.5% of breast malignancies and more than 98% of cases occur in women. The most common histology is DLBCL. DLBCL is the most common type of NHL. It is potentially curable [7, 8]. However, patient outcomes may differ depending on the primary site involved. Recently, it has been reported that patients having DLBCL of the head and neck with Primary Extranodal (PE) involvement might surgery after confirmation by biopsy was the principle, but it was a have longer survival than patients with nodular involvement alone [9]. In the present case, immunohistochemically study of surgical

biopsy demonstrated DLBCL. However, neck, chest, abdominal primary breast lymphoma remission is rarely reported. Therefore, be a cutaneous relapse.

Relapse rate has been reported in 13% to 30% in patients with PBL, despite a complete remission rate ranging from 74% to 91 [10]. The site of relapse included involved breast, contra-lateral breast, skin and central nerve system [11, 12]. The outcome of relapsed of DLBCL is worse than that of primary cutaneous diffuse B-cell lymphoma in the presence of others unfavourable From this rare case of isolated skin relapse in a patient with a factors such as high International Prognostic Index (IPI) score, age >60 years, reduced fitness and short time interval from previous chemotherapy. Median overall survival has been reported to be 17 months for those who have received any salvage treatment [13].

Cutaneous relapse without any other site involvement after

and pelvic computed tomography and torso PET scan did not if no abnormalities are observed on the primary site, cutaneous show involvement of any other organs. Thus, it was determined to relapse can be overlooked as a simple mass or inflammatory reaction. However, due to its poor clinical results and high risk of CNS system involvement, it is necessary to determine whether it is malignant through exploration. Rapid treatment is required when detected.

CONCLUSION

history of PBL, we learned that early detection and treatment of recurrence is important for the prognosis of DBLCL patients, that it is easily misdiagnosed as simple inflammation based on imaging alone, so histologic examination is essential and that relapse after remission requires closer observation in the future.

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